



Kay Young 2006

KAY YOUNG

My love for the Shag started when I was in my early teens in Greenville, N. C. I learned from my older brother and danced on the boy's foot. I danced in Greenville and Atlantic Beach, N. C. thru high school.

I met my future husband, Billy, while at East Carolina University. While dating, we danced at parties, warehouses and armories to mostly live bands. Once we married, we moved to Atlanta, Ga. There was not much Shag dancing in Atlanta at that time and dancing was put on a back burner due to Motherhood.

We later moved to Charlotte, N. C. around 1975 and found out through neighbors, Jo and Ernest Burris, that the Shag was very much alive. They invited us to go to a Shag contest at Steak and Ale and also to Groucho's Beach Club (this became our second home).

I knew at that time that I must change to dancing on the girl's foot, so I signed up for lessons with Shad and Brenda Alberty. Through them and the Shag, we met and became friends with a lot of great dancers. Billy and I were fortunate to be able to compete in contests with some of the best. I could list names but there were so many and I would not want to leave anyone out because they were all important to me. I am not able to say enough about all the wonderful friends this music and dance has given me. It has been something that my husband, Billy and I have enjoyed together and plan to continue enjoying it as long as we can.